



WINDSOR HOUSE, HAMMER SPRINGS

Visitors to Hammer will find First-Class Accommodation at W. H. FAWCETT'S.
Terms: 25/- per Week.
 Use of First-Class Plaque.

nary tourist can stay in the first-class portion of the Government Sanatorium, where he will find every comfort at £2 2s. per week, or he will take up his abode at Jollie's Pass Hotel, some two-and-a-half miles further on, from whence he is driven to and from the Baths twice a day free of extra charge. Should neither of these places suit him, there is "The Lodge," a temperance boarding-house, well furnished, and with most commodious rooms, within four minutes' walk; while just across the road are the boarding-houses kept by Mrs. Lahmert, Ashton, and others, at which lodging may be obtained at the most reasonable prices. But for those who are really hard up, and who go to the Plains with the least possible amount of money to expend, let me recommend the second-class portion of the Government Sanatorium at £1 per week, and the use of the swimming-pool free. It is only fair to say that, both for those who may be out of health, and for those who simply seek relaxation from work, worry, or travel, at a moderate expense, the Hammer Plains are hard to beat. It is, of course, an absurdity to suppose that the waters are a panacea for everything, though they relieve rheumatism and various kinds of congestion in a marvellous manner. But in all this, the invigorating mountain air must not be forgotten. The latitude is 42deg. 30min. south, but the nights are always cool, even in midsummer, and there is no oppressive heat. As a matter of fact the Springs themselves are 1,220 feet above the sea level; it does not take a long walk or ride to get up another 1,500 feet, and the air at this altitude is so rarified that the exertion of climbing takes very little out of one.

The Baths and Grounds.

The grounds in which the baths are enclosed have an area of some thirteen acres, and are planted and laid out in the most exquisite taste. Tennis, bowls, and croquet are always going in the season, and for those who require more violent exercise there is a good asphalt tennis court. A skilled masseuse, Miss Edith Cook, is always on hand to attend to the wants of invalids, and the services of Dr. Little, of Culverden, who always visits the Springs once a week, may be obtained at any time, as there is telephonic communication between the Baths and Culverden. A little pagoda, in the

BALLANTYNES' STOCKS INCLUDE THE LATEST NOVELTIES.