



Direct Importers of Cookery,  
Glassware, Enamelled Ware, Fancy  
Goods, Cutlery, &c

**JOHN HALL & CO. LTD.**

ESTABLISHED 1895

Grocery Provision and General  
Merchants, Wholesale & Retail,  
104 MANCHESTER ST., CHRISTCHURCH

BALLANTYNES IMPORT DIRECT.

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Such then is the composition of the water, the temperature of which ranges from 86deg. to 114deg. Fahr., the former being about the average temperature of the swimming pools, which are supplied with an admixture of cold water. These pools—one for men, and one for ladies—are strongly encased in concrete, and the temperature of the water is so pleasant that the most hardened non-swimmer often learns the useful art without inconvenience. The smaller baths resemble those in use at any first-class hotel or bath-house. They are fitted with ordinary taps, by which the supply of hot and cold mineral water is regulated, and each bath-room has a cold shower, and is supplied with a thermometer. Except in cases of serious debility or heart weakness, the ordinary tourist can safely take the baths without any special instructions; but it is as well to caution the beginner not to go much over 90deg. for a start, until he finds out how the higher temperatures are likely to affect him.

#### Spare Time.

It may be asked, "How is one going to put in all his spare time up there, for it is clearly impossible for one to be bathing all day long?" Well, there is less in the question than appears at first sight, for the ordinary visitor is not overburdened with energy, and two baths a day, with an occasional game at bowls or what not, fill in his time pretty well. But the more active minded can find plenty of excursions, as there is no difficulty in obtaining either vehicles or saddle horses. Excellent trout-fishing may be obtained in the Clarence, Percival, Waiiau, and most of the tributaries of the latter river, while hares are abundant throughout the district. Those who wish to see hot springs in a state of nature can obtain a guide and go on a camping expedition to Cow Creek some twenty miles away over the range; while those who are fond of mountain climbing will find Mount Captain (6,600 feet) and Mount Percival (5,335 feet) just about as high as they care to go. On these mountains the botanist will discover an endless variety of sub-alpine grasses, herbs, mosses and lichens, and could make a very good collection by putting in two or three days' hard work. The thorough change and rest which is afforded by a trip to the Hanmer Plains, the

BALLANTYNES TRADE IN THE WORLD'S BEST MARKETS.