

FIRST AID TO THE WOUNDED.

The following brief instructions are issued by the St. John Ambulance Association.

WOUNDS.

BLEEDING FROM ARTERIES.

HEAD.—Pad and bandage the wound.

NECK.—Place thumb in wound and press backwards against spine.

ARMPIT.—Press thumb into wound. Second person to press main artery behind middle of collar-bone.

UPPER AND FORE-ARM.—Press with fingers or apply tourniquet to inside of upper-arm. When below elbow place pad in hollow of bend of elbow, and bend forearm against upper-arm.

PALM OF HAND.—Bandage hand closed over a piece of stick, or press arteries at front of wrist.

THIGH.—Hand pressure at centre of fold of groin, or by tourniquet on inside of thigh.

HAM OR BACK OF KNEE-JOINT.—Same as for thigh, or press by hand or tourniquet in ham above wound.

FRONT OR BACK OF LEG.—Press by hand or tourniquet at back of knee-joint, or double the leg up against a pad placed in the ham.

INSTEP.—Pressure to the middle of front ankle.

SOLE OF FOOT.—Bandage with pads behind ankle bones and middle of instep.

A tourniquet can be made by placing a stone over the main artery, tying a handkerchief loosely over it, and then twisting it tight with a stick.

Blood from an artery is bright red, and flows in jets; blood from a vein is dark-bluish, and flows slowly. The flow in arteries is from heart to head, hands and feet; the flow in veins just the reverse.

FOR ALL SITUATIONS.—Elevate the part and apply pad and bandage.

FLESH WOUNDS.—Wash, stop bleeding, fix parts in natural position without delay.

GUN-SHOT WOUNDS IN CHEST OR BELLY.—Place patient on wounded side, with knees drawn up; give complete rest; no stimulants.

BRUISED WOUNDS.—Wash, apply wet cloths; if about head, poultice.

BROKEN BONES.

LOWER JAW.—Bandage the lower to upper jaw with handkerchief.

COLLAR BONE.—Place pad in armpit, bandage elbow to side, sling forearm.

RIBS.—Apply bandage six inches wide, eight yards long, round chest.

UPPER-ARM.—Apply roller bandage to hand and fore-arm, splints to back and front, and sling fore-arm.

FORE-ARM.—Apply padded splints to back and front, from hand to elbow, holding the arms extended, with thumb pointing upward.

HAND.—Apply splint bandage, and support in a sling.

THIGH.—Apply a long splint from armpit to outside of heel, and a short one from fork to knee on inside, and bandage.

LEG.—Apply splints inside and outside and bandage.